



NEWSLETTER

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GALLE MEDICAL ASSOCIATION

ANNUAL GENERAL MEETING



Dr. Krishantha Jayasekera was inducted as the President of the Galle Medical Association for the year 2022 at the 80th Annual General Meeting held on 21st December 2021 at the GMA Lecture Theatre, Teaching Hospital Karapitiya. Immediate Past President, Prof. Sampath Gunawardena handed over the President's Medal to the newly appointed President.

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PRESIDENT'S MESSAGE



Galle Medical Association (GMA) is considered as one of the prestigious professional organisations among the medical fraternity of Sri Lanka. Founded in 1940 as Galle Clinical Society and being named as Galle Medical Association from 1992, is the second oldest medical association of the country. It is enriched with over five hundred life members and plays a very active role in the professional development and enhancing inter personal skills among local and overseas medical professionals.

I would thank the membership for electing me as the President of the GMA for the year 2022. I had the pleasure of enjoying the guidance and facilities offered to the membership for more than two decades and had the experience of holding few portfolios within previous committees. It is with utmost pleasure and privilege I take up this post to serve GMA as the President 2022. I would like to pay my humble gratitude to all Past Presidents and committee members for the committed work over decades to take it to heights. I along with my dedicated executive committee, would assure that we would strive hard to deliver to the best of our ability to uplift the standards maintained by GMA all throughout. World was devastated in year 2020/ 2021 with the COVID-19 pandemic. GMA had many obstacles to overcome but still was able to deliver the intended services under challenging circumstances. This year as the height of the pandemic is weaning down, we have planned many activities with strong aspirations.

Theme for the year 2022 **“Easing patients’ journey through a health care enriched with safety and quality”** is aimed at enhancing the standards of care delivered to patients. This is through provision of safe, effective, timely, efficient and equitable service to patients. We would select few units and work in collaboration with hospital administration to improve the quality indicators which could expand to other units subsequently.

Postgraduate directorate is the most vibrant wing of GMA enriched with weekly clinical meetings in Medicine, Paediatrics and Anaesthesiology and “Registrar Excellence Forum” (REF). “Young Specialists Forum” (YSF) is for Senior Registrars to enhance their skills. In “Monthly Specialty Updates” an expert would be invited to share their experience with the budding clinicians. “Multi-Disciplinary Teaching Capsules” is the new addition to this wing that will embrace the importance of integrated patient care .

“Glimpse of Health in South” is a forum created to applaud some of the highly specialised services in Galle delivered to patients while “Community outreach” project will enhance the link with professionals, school children and general public with GMA.

There are many sports events lined up including cricket matches; doctors vs medical students, doctors vs lawyers etc. A special Badminton and Table tennis tournament is planned to be held among members and their families to enhance the social interaction which was lacking during the pandemic.

Many other social events are lined up including musical evenings, traditional New Year celebrations, Bhakthi Gee and Christmas carols. GMA Annual short and long trips would be the cynosure of the family members of GMA Membership.

Regular newsletters such as this, from the editorial team will provide information on activities that are conducted throughout the year. Further, they will provide a platform for the membership to showcase their talents.

The pinnacle event of the year, Annual Academic Sessions of GMA creates a platform for scientific knowledge enhancement is planned to be held in October with a colourful inauguration and post event dinner dance.

I would request the membership to join hands in our journey to deliver a healthcare enriched with quality and safety in all the activities spanned throughout the year.

Dr. Krishantha Jayasekera
President GMA - 2022

ACHIEVEMENTS

GMA proudly announces great achievements of its members this year. Three of its members were inducted as Presidents of renown Colleges of the Medical profession in the country. We wish you all the very best for a successful tenure in office.



Dr. Satish Goonesinghe
as the President of
The College of Surgeons of
Sri Lanka



Prof. Arosha Dissanayake
as the President of
Ceylon College of
Physicians



Dr. Ganaka Senaratne
as the President of
Sri Lanka College of Internal
Medicine

HOSPITAL QUALITY UPLIFTMENT



GMA theme of the year 2022 has been declared as *“Easing patients’ journey through a health care enriched with quality and safety”* by Dr. Krishantha Jayasekera, the President, GMA and the council, to ensure the quality of the health care services in Teaching Hospital Karapitiya being facilitatory and instrumental through an already existing system with work improvement teams of wards and units.

Under this project few wards and units were selected for the quality uplift as a pilot activity with the support from the administration, hospital quality unit and the hospital infection control unit. Each ward/ unit has been given a set of customized quality indicators to be used in the basic self evaluation and in designing the future activity plan with the help of the external quality assessment team. Four units have already completed this step and going along their action plan which would be evaluated again at the end of 3 months. The enthusiasm, dedication and the commitment of all categories of the staff of selected units was almost palpable and really appreciated by the external team.



The Council further agreed to raise contributions from non-pharma well-wishers for a GMA fund for the quality upliftment project as per the President’s suggestion. The hospital signage system will be modified and improved in a uniform manner along with the pilot activity of the selected units.

In addition, the quality upliftment project collaborates with the laboratory and the radiology department to improve the digital health information system as a part of the project and is closely liaising with the hospital communication team as well.



MULTI-DISCIPLINARY TEACHING CAPSULE



Dr. Ganaka Senaratne
Consultant Physician



Dr. Damith Liyanage
Consultant Neurologist



Dr. Nishantha Gunasekera
Consultant Neurosurgeon



Dr. Kalum Deshapriya
Consultant Rheumatologist

GMA organized the first session of Multi-Disciplinary Teaching Capsule for 2022, titled *"Stroke Care-Case Based Discussion."* This was held on 14th March 2022, at the GMA Lecture Theatre. Resource Persons were Dr. Ganaka Senaratne (Consultant Physician), Dr. Damith Liyanage (Consultant Neurologist), Dr. Nishantha Gunasekera (Consultant Neurosurgeon) and Dr. Kalum Deshapriya (Consultant Rheumatologist). The discussion was focused on the *"Acute stroke Care"*, *"Evolution of a Young Stroke"*, *"Management of a Haemorrhagic Strokes"* and *"Stroke Rehabilitation."* Dr. Warsha De Zoysa (Consultant Physician) moderated this programme with an interactive question and answer session.



Dr. Warsha De Zoysa
Consultant Physician



GLIMPSE OF HEALTH IN SOUTH

Second session of "Glimpse of Health in South", was held on 22nd of February 2022. The main objective of this activity was to update GMA members on new investigations, treatment methods and procedures available at Teaching Hospital Karapitiya and around Galle. In addition, new disease patterns and health behaviours in the environs of Galle are to be discussed as a part of this activity. This was the first programme in 2022 under Glimpse of Health, titled *"Treading Beyond the 21st Century."* Dr. Jayamal Ariyaratne, Consultant Oncosurgeon, Teaching Hospital Karapitiya, Dr. Sajeevani Jayawardena, Consultant Oncologist, Teaching Hospital Karapitiya, Prof. Lakmini Mudduwa Professor of Pathology, Faculty of Medicine, University of Ruhuna and Dr. Gihan Piyasiri, Consultant Cardiothoracic Anaesthetist, Teaching Hospital Karapitiya were resource persons in this session. The discussion was on the topics *"The Breast-Beauty and the Beast"*, *"The Golden hour in Oncology-Oncological Emergencies"*, *"Evolving Role of the Pathologist in Managing Cancer Patients"* and *"Palliative Care-Mind the Gap."* According to the response from participants event was a great success.



Dr. Jayamal Ariyaratne
Consultant Oncosurgeon



Dr. Sajeevani Jayawardena
Consultant Oncologist



Prof. Lakmini Mudduwa
Professor of Pathology



Dr. Gihan Piyasiri
Consultant Cardiothoracic Anaesthetist

GUIDE TO CLINICAL RESEARCH FOR SENIOR REGISTRARS



Prof. Champica Bodinayake (Professor in Medicine) delivered the first lecture of this series titled *"Literature review for research: A practical guide"* on 24th January 2022.

This year, Clinical Research Help Group was organized under the Young Specialist Forum. The programme was mainly focused on Senior Registrars engaging in research.



Dr. Thyagi Ponnampuruma (Senior Lecturer in Community Medicine) delivered the second lecture of this series titled *"Selection of an appropriate study design"*, on 21st March 2022.

YOUNG SPECIALISTS' FORUM



Dr. Thiwandika Jayasundera, Senior Registrar in Microbiology, Teaching Hospital Karapitiya did the presentation titled *"Rarities of a rare Endemic Disease; THK experience of Melioidosis"* at Young Specialists' Forum held on 28th February 2022. Prof. T.P. Weeraratna, Dr. Aruna De Silva and Dr. Bhagya Piyasiri participated for the feedback session.

Dr. Dilum Senevirathna, Senior Registrar in Internal Medicine, Teaching Hospital Karapitiya did the presentation titled *"To the cortex through mystery & curiosity- Autoimmunity in Central Nervous System"* at Young Specialists' Forum held on 28th March 2022. Dr. Susitha Amarasinghe, Dr. Krishantha Jayasekera and Dr. Arosha Abeywickrama participated for the feedback session.



STRUCTURED ASSESSMENT OF CLINICAL SKILLS (SACS) MOCK EXAMINATION



GMA is continuously providing guidance to the PG trainees to improve their clinical knowledge by assessing the outcome. In the year 2021, GMA organized a Structured Assessment of Clinical skills (SACS) mock examination for all the Paediatric Registrars in TH Karapitiya and TH Mahamodara on 27th of December 2021. The examination was conducted similar to the standards of the MD Paediatrics Part II clinical examination conducted by PGIM.

There were 8 clinical stations including CVS, RS, Abdomen, CNS, Developmental, Miscellaneous and communication stations. All 11 Registrars participated as candidates were assessed according to the PGIM SACS standards by Consultant Paediatricians. At the end

of the examination, all the candidates were provided marks at each clinical station with evaluation to identify their strengths and Weakness.

Participants were given feedback form regarding the assessment in which they have appreciated the programme immensely. It was a great help for them to get an experience prior to their MD Paediatric clinical examination.



The Examination was conducted with the support of 13 Consultant Paediatricians and one Paediatric Senior Registrar. Resource persons were Dr. Disna Kodikarachchi (Consultant Paediatrician), Dr. Hemali De Silva (Consultant Paediatrician), Dr. Manohari Madarasinghe (Consultant Paediatrician), Dr. I.R. Ragunathan (Paediatric Cardiologist), Dr. Upeksha Liyanage (Consultant Paediatrician), Dr. Tikiri Gunawardena (Consultant Paediatrician), Dr. Kapilani Withanachchi (Consultant Paediatrician), Dr. Gemunu Hewavitharana, (Paediatric Neurologist), Dr. Jagath Palliyaguruge (Consultant Paediatrician), Dr. Aruna De Silva (Consultant Paediatrician), Dr. Nayomi De Silva (Consultant Paediatrician), Dr. K.A. Imalke (Consultant Paediatrician), Dr. Dilani Dehigama (Consultant Neonatologist) and Dr. Manori Priyadarshani (Senior Registrar in Paediatrics).



CPR: A confession of a star

"Staring at up in the night
Counting how many hearts that shine
Waving right down at my eyes
Singing in chorus soft and nice
Though it felt like trying to ride
On my ribs that you had cried
When I started looking at eyes
Got that it was blessed in mind
We do welcome all in time
No one keeps that dust in site
Come an' shine when time is right
That's how all us shining bright"



*Roshel Claude Wijenayaka
Registrar in Forensic Medicine
Teaching Hospital Karapitiya*

REF - WORKSHOP

Registrar Excellence Forum (REF) was initially started to conduct exam oriented teaching to local post graduate trainees. There was a high demand to conduct workshops on procedural skills which are important in day to day clinical practice. With this objective, we started monthly REF Workshops with excellent participation and encouraging feedback. Point of Care Sonography, Advanced Airway Management and Practical Tips in Trouble Shooting with NIV were the practical sessions conducted during the first three months of the year.

Resource Persons :



Dr. Krishantha Jayasekera
Consultant Physician
Teaching Hospital Karapitiya



Dr. Ganaka Senaratne
Consultant Physician
Teaching Hospital Karapitiya



Dr. Upul Hapuarachchi
Senior Lecturer and
Specialist in Anaesthesiology,
Faculty of Medicine



Dr. Chamin Weerasekera
Specialist in Critical Care Medicine
and Lecturer in Anaesthesiology
Faculty of Medicine



REGISTRARS' EXCELLENCE FORM



Tenth Sessions of REF were conducted successfully in the first quarter of the year. This session was done once a week. Registrars were assessed on their presentation skills by an expert panel of Judges and were given feedback personally at the end of their presentations.

Prof. H.M.M. Herath Professor in Medicine and Consultant Physicians Dr. Arosha Abeywickrama, Dr. Dhammika Palangasinghe, Dr. Y.A.R.P. Jayasinghe, Dr. Chaminda Kottage, Dr. Warsha De Zoysa, Dr. Upul de Silva, Dr. P.A. Jayasinghe and Dr. B.V. Hasheni were be the resource persons.



CREST CRRT (COMPETENCY RELATED ESSENTIAL SKILLS TRAINING FOR CONTINUOUS RENAL REPLACEMENT THERAPY)

Academic collaborations with other professional colleges/ associations hold a special place among all the academic activities conducted by the Galle Medical Association. A Few had been already taken place very successfully and more are in the line-up.

There was a collaborative workshop with the Ceylon College of Critical Care Specialists for doctors and nurses on CRRT on 26th March 2022 and the attendees were accommodated in the GMA library, council room, GMA auditorium, and in ward 35 room as small groups. Dr. Chamin Weerasekera, Specialist in Critical Care Medicine, University of Ruhuna, Dr. N.M. Ranawaka Consultant Intensivist, National Hospital of Sri Lanka, Dr. Dilshan Priyankara Consultant Intensivist, National Hospital of Sri Lanka, Dr. Anushka Mudalige, Consultant Intensivist, Teaching Hospital Ragama and Dr. Udana Rathnapala Consultant Nephrologist, General Hospital Badulla contributed as resource persons along with other technical service providers.



Dr. N.M. Ranawaka
Consultant Intensivist
National Hospital of Sri Lanka



Dr. Udana Rathnapala
Consultant Nephrologist
General Hospital Badulla



Dr. Anushka Mudalige
Consultant Intensivist,
Teaching Hospital Ragama



Dr. Dilshan Priyankara
Consultant Intensivist
National Hospital of Sri Lanka



Dr. Chamin Weerasekera
Specialist in Critical Care Medicine
University of Ruhunu



CHALLENGES FOR EFFECTIVE ANTIMICROBIAL THERAPY: ALLERGY AND ADVERSE EFFECTS



Dr. Dhanushka Dasanayake
Consultant Immunologist,
Medical research institute,
Colombo



Dr. Nadisha Badanasinghe
Senior Lecturer in Microbiology
University of Ragama

A joint hybrid symposium on *“Challenges for effective antimicrobial therapy: Allergy and adverse effects”* was held on 4th April 2022 from 10 a.m. to 12.15 p.m. in collaboration with the Sri Lanka College of Microbiologists with the participation of about 60 physical attendees and a good virtual participation from several hospitals in the Southern province. Dr. Dhanushka Dasanayake, Consultant Immunologist, Medical Research Institute Colombo, Dr. Nadisha Badanasinghe, Senior Lecturer in Microbiology, University of Ragama, Dr. Chamin Weerasekera, Specialist in Critical Care Medicine, University of Ruhuna, and Dr. Bhagya Piyasiri, Consultant Microbiologist, Teaching Hospital Karapitiya did the presentations while Dr. Aruna de Silva, Senior Lecturer in Paediatrics, University of Ruhuna moderated the session. Dr. Krishantha Jayasekera, President, GMA, and Prof. Channa Yahathugoda played a huge role in the success, being facilitatory throughout the event which was held in the new nephrology auditorium where only minimum technical facilities were available for a hybrid symposium. However, with this triumphant start, the new venue is being identified as a more spacious place for future GMA activities intended for a large crowd.



Dr. Chamin Weerasekera
Specialist in Critical Care Medicine
University of Ruhunu



Dr. Bhagya Piyasiri
Consultant Microbiologist
Teaching Hospital Karapitiya

MD PART II MOCK EXAMINATION (SHORT CASES & LONG CASES)



Galle Medical Association (Galle Medical Association), CCP (Ceylon College of Physician) and SLCIM (Sri Lanka College of Internal Medicine) collaborated to hold an MD part II MOCK Examination for medical registrars preparing for the MD part II clinical exam in March. It was held on February 22nd from 7.30am-2.00pm, at four different locations, including the GMA lecture theatre, Ward 12 and 19 THK, and the ETC lecture theater.

The session drew forty candidates from all over the island. There were four short case stations and a long spot station as well as long case discussions. Each candidate received personalized feedback from the examiners. Prof. T.P. Weeraratna (Senior Professor in Medicine), Prof. K.D. Pathirana, (Senior Professor in Medicine), Prof. C.K. Bodinayake (Professor in Medicine), Dr. P.A. Jayasinghe (Consultant Physician), Dr. W. Uluwattage (Consultant Physician), Dr. Arosha Abeywickrama (Consultant Physician), Dr. Hasheni Benthavaravithana (Consultant Physician), Dr. Lakmal Vithanage (Consultant Physician), Dr. Rohan Sanjeewa (Consultant Physician), Dr. Damith Liyanage (Consultant Neurologist), Dr. Chaminda Kottage (Consultant Physician), Dr. Dhammika Palagasinghe (Senior Lecturer in Medicine), Dr. Warsha De Zoysa (Senior Lecturer in Medicine), Dr. Janani Chandrika (Consultant Physician), and Dr. Lushanthi Kannangara (Consultant Physician), were among the 15 examiners who volunteered for the session.



It was a very successful programme for a variety of reasons. We were able to accommodate all of the candidates for the session, which was conducted in accordance with the real MD exam format and had very experienced MD examiners for the session, candidates received individual feedback to improve their deficiencies, and the candidates' oral and Google feedback about the programme was excellent. We would like to express our heartfelt appreciation to all of the resource persons who helped make this event a success.



MD PART II MOCK EXAMINATION (VIVA & SHORT CASES)



Postgraduate Directorate of Galle Medical Association in collaboration with Sri Lanka College of Internal Medicine and Ceylon College of Physicians organized MD Medicine Part II Mock Clinical Examination for year 2022 in Galle. This programme was held in two sessions on two consecutive days. Mock Viva Sessions on Communication Skills and Observed History Taking was held on 08th of March 2022 at the Department of Medicine, Faculty of Medicine, University of Ruhuna with the participation of candidates awaiting to sit clinical component of MD Medicine examination. This session was conducted simulating the proper MD Medicine examination. Experienced examiners joined as resource persons for the mock examination including Senior Professor T.P. Weeraratna, Dr. Ganaka Senaratne, Dr. Arosha Abeywickrama, Dr. Warsha De Zoysa, Dr. Dammika Randula Palangasinghe and Dr. Lushanthi Kannangara. At the end of each mock viva, candidates were given an individual evaluation. The session was concluded with a productive discussion with candidates and examiners where both shared their experiences. Medical Registrars, Dr. Dinithi Ruwanga, Dr. Asiri Abey Siriwardana, Dr. Sashika Maduranga, Dr. Nalika Lakmali and Dr. Binara Athukorala performed as surrogates for the mock examinations.



On 09th of March 2022, there were two sessions of short cases in Endocrinology and Rheumatology with the participation of the pre-registered candidates awaiting the MD Medicine examination. Dr. Muditha Weerakkody, Consultant Endocrinologist and Dr. N.H.R. Sanjeewa, Consultant Physician were the resource persons for the short cases examination in endocrinology which was held at the endocrinology clinic. Dr. Kalum Deshapriya, Consultant Rheumatologist conducted the session on short cases in rheumatology at Rheumatology Unit, Teaching Hospital, Karapitiya.



There was a successful participation for both the sessions. The participants highly appreciated the programme in a feedback evaluation produced through a Google Form.

Dr. Sahan Mendis, Dr. Sameera Ravishan and Dr. Nuwan Athukorala, Senior Registrars in Internal Medicine along with Dr. Hashan Muthumal Senarathne, Senior Registrar in Rheumatology committed in organizing this programme successfully.

GMA recognizes the importance of conducting such events which support the postgraduate trainees immensely to perform well at the proper examination. GMA is glad to announce that all the candidates from Teaching Hospital, Karapitiya, participated in this programme, have been successful at MD Medicine examination for the consecutive second year.



MONTHLY SPECIALTY UPDATES


Galle Medical Association
Easing patients' journey through a health care enriched with safety and quality

Monthly Specialty Update

Interstitial Lung Diseases

ON
Monday, 14th February 2022
12.00 – 1.00 p.m.
Virtually broadcasted in GMA Lecture Theatre

Dr. Amila Rathnapala
MBBS (Col), MD, MRCP (UK)
Specialist Registrar in Respiratory Medicine (KUMHMS)
Specialist Registrar in Respiratory Medicine (DSD)
Consultant Respiratory Physician
Teaching Hospital Kandy



All are welcome!




Interstitial Lung Diseases

Dr. Amila Rathnapala
Consultant Respiratory Physician
Teaching Hospital Kandy

Galle Medical Association
Easing patients' journey through a health care enriched with safety and quality


Monthly Specialty Update

Non alcoholic fatty liver disease (NAFLD)



Wednesday, 23rd March 2022
11.30 a.m. – 12.30 p.m.
Virtually broadcasted in GMA Auditorium

Prof. Anuradha Dassanayake
MBBS (Col), MD (Col), FCP
Consultant Physician &
Professor in Pharmacology
Colombo North Centre for Liver Diseases
Faculty of Medicine, University of Kelaniya



All are welcome!




Non alcoholic fatty liver disease (NAFLD)

Prof. Anuradha Dassanayake
Consultant Physician & Professor in Pharmacology
Colombo North Centre for Liver Diseases
Faculty of Medicine, University of Kelaniya

Galle Medical Association
Easing patients' journey through a health care enriched with safety and quality


Monthly Specialty Update

Autoimmune Encephalitis



Tuesday, 26th April 2022
11.30 a.m. – 12.30 p.m.
Virtually broadcasted in GMA Auditorium

Prof. Thashi Chang
MBBS, MD, MRCP (UK), MRCPsych (Neuro), DPM (Oxon),
FRCR (Paed)
Professor in Neurology
Department of Clinical Medicine
Faculty of Medicine, University of Colombo



All are welcome!



Autoimmune Encephalitis

Prof. Thashi Chang
Professor in Neurology,
Department of Medicine, Faculty of Medicine,
University of Colombo

This series was introduced this year and will cover sub specialty related to medicine. The resource persons for this series are not only from Galle but from all over Sri Lanka.

Galle Medical Association

Research Help Desk 2022

GMA Research Help Desk will help you to;

- Articulate your research question
- Identify best sources of information
- Formulate your search strategy
- Write a research proposal
- Prepare documents related to ethical clearance
- Analyze data and write report
- Write abstracts / papers for publications
- Any other matter related to research....

Experts will be available at the GMA office for You!

Book an appointment by contacting Management Assistants of GMA – Tel: 0912232560

COMMUNITY OUTREACH PROGRAMME



Galle Medical Association organized First Community outreach Programme held on 18th January 2022 at Chief Ministry Southern Province (Dhakshinapaya) targeting officers work in Chief Ministry Southern Province. Resource Person was Dr. Krishantha Jayasekera, President Galle Medical Association and Consultant Physician, Teaching Hospital Karapitiya delivering a lecture “කොවිඩ් රෝගය වැළැදීමෙන් පසු ඇතිවන සංකූලතා”.

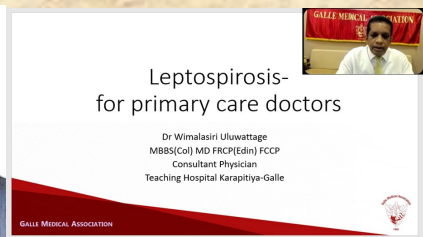
It was a successful event with a large number of participants.

Strengthening early detection and appropriate referral at Primary Healthcare Level

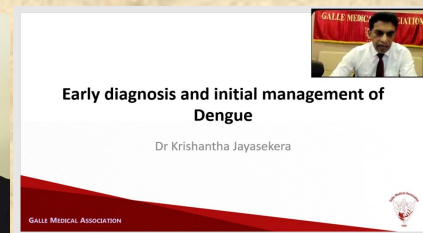
Second event of Community Outreach Programme, titled “*Strengthening early detection and appropriate referral at Primary Healthcare Level*” this was held on 25th March 2022, at the GMA Lecture Theatre as webinar.

Dr. Amila Chandrasiri, Consultant Community Physician, with Office of the Regional Director of Health Services Galle Organized this programme.

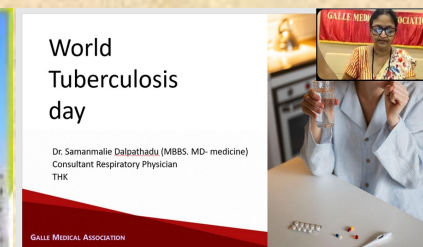
Resource Persons were Dr. Wimalasiri Uluwattage, Consultant Physician, TH Karapitiya, Dr. Krishantha Jayasekera, Consultant Physician, Teaching Hospital Karapitiya, and Dr. Samanmalie Dalpathadu, Consultant Respiratory Physician, Teaching Hospital Karapitiya. Their discussion was focused on “*Leptospirosis for primary care doctors*”, “*Resurgence of Malaria in Sri Lanka*”, “*Early diagnosis and initial management of Dengue*” and “*Tuberculosis.*” This was be a interactive and successful event.



Dr. Wimalasiri Uluwattage
Consultant Physician
Teaching Hospital Karapitiya



Dr. Krishantha Jayasekera
Consultant Physician
Teaching Hospital Karapitiya



Dr. Samanmalie Dalpathadu
Consultant Respiratory Physician
Teaching Hospital Karapitiya

සොදුරු සැදුවක්



First “Sonduru Sendewak” musical evening of Galle Medical Association of this year was held successfully on Saturday, 29th January 2022 at hotel Aradhana, Galle, with more than 120 in audience including GMA members and their families.

The vocalists were the talented GMA members themselves with their family members whose performance was so captivating, impressive and well-received. Upon the invitation by Dr. Krishantha Jayasekera, the President, GMA, Mr. Bandula Nanayakkarawasam displayed his usual excellence in narration and criticism which helped building vivid pictures in our minds of the beautiful songs sung in the evening.

The colourful themes for each song in the backdrop completed the visual image and the feeling.

The vocalists had a nice experience and a supportive platform with the professional music group lead by Mr. Udaya Kumara Kottawa. Untiring efforts by the President, the council and the members of GMA to excel in the performances, organizing and hosting was so appreciated and commented by all including Mr. Nanayakkarawasam and Mr. Kottawa as well.

It was another glamorous and memorable event by the GMA 2022 team which will be added to the glorious history of GMA.



GMA DAY OUT



This year GMA short trip was given a new title as “GMA Day Out” on which the members and their family had a fantastic time at Heritance Ahungalla on 27th February 2022.

After the COVID-19 Pandemic this was the first excursion organized by GMA Which was well attended by all with much enthusiasm and anticipation. Out-door games, cricket, pool time, lunch time Karaoke and evening kiting on the beach allowed kids and adults alike to spend a quality time happily together.



PREMIER LEAGUE

DOCTORS SOFT BALL CRICKET TOURNAMENT



Doctors Softball cricket Tournament (GMA Premier League) was held on 17th January 2022 at Engineering Faculty Grounds, Hapugala.

Six teams took part in the challenge, and Team Peripheral, captained by Dr. Akalanka Lakshantha, emerged victorious after a highly competitive game. Team Medicine, captained by Dr. Nuwan Madushanka, became the Runner's up. Dr. Gathika Kodithuwakku of Team Medicine was adjudicated as the Best Batsman and the Best Fielder. The Best-Baller was Dr. Krishantha Jayasekera. Dr. Charith Miyurange Weerasinghe, cricketing star, secured Man of the Match and Man of the Series trophies while navigating the ship to the championship in 2022.



GMA vs CCP ANNUAL CRICKET ENCOUNTER



Galle Medical Association and Ceylon College of Physicians Annual Cricket Encounter was held on 23rd of January 2022 at Engineering Faculty Grounds, Hapugala.

Ceylon College of Physicians won the match.

STUDENT VS STAFF CRICKET CARNIVAL - 2022



Students vs Staff cricketing day out was held on 27th March 2022. There were three encounters-Women's softball, Men's softball and the day's epic event, the Hardball match-added colour to the GMA's annual event.

The Doctors women's team elected to bat first and scored 62 runs for their ten over session. The students' team stormed into the victory in eight overs. Ms. Maneesha of the 41st batch scored unbeaten 40 runs to secure the victory and the event's Best Player award.



The Doctors men's team batted first and scored a mammoth total of 171 runs for fifteen overs. Prof. TP Weeraratna (20) and Dr. Dhammika Palangasinghe (71; Man of the Match) opened the doctors' innings. The scoring was escalated by Dr. Chamal Palingu Imalka's (the Best Batsmen) superfast batting; he scored 30 runs for nine balls. The student's team got panic and scored only 65 runs in their chase. Prof. Amarananth Karunanayake (the best-baller) washed off the students' team with his Malinga like sling balling.



The day's epic event was the Hardball thirty-over match; this year, students became the champions. Doctors managed to score only 152 runs. However, the students' team chased it down with ease in 27 overs. Dr. Gathika Kodithuwakku, Dr. Vimukthi Senanayake and Dr. Sudheera Lakpriya were adjudicated as the Best Batsmen, Best Baller and Best Fielder, respectively, on the doctor's side. Mr. Malintha (Best Baller), Mr. Osanda (Best Fielder) and Mr. Rohitha (Best Batsman) secured the same awards from the student team. Mr. Lasith secured the man of the match award by scoring 28 quick runs and took two crucial scalps of the doctor's team.



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